

Ha'lilaxsis'waanax

April

Lunch Club Menu

Herring Roe Month

Ha'lilaxsis'waanax is the month of gathering herring roe. Even before the modern day roe fishery brought wealth in exchange for this highly prized food, the Ts'msyen people gathered the spawn of these shoals of silver fish. The eggs are laid on kelp or gathered on branches suspended in the water. A wealth of other seafoods also become available once the weather begins to warm up. April is the time to start a garden and to be outside, even on days when some rain may fall.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Pizza Sub ¹	Montreal Smoked Meat and Cheese Sandwich ²	GOOD FRIDAY NO SCHOOL ³	 ⁴
⁵	EASTER MONDAY NO SCHOOL ⁶	Mighty Mac and Cheese ⁷	ChowMein Noodle Salad with Teriyaki Tofu ⁸	Smoked Salmon Sandwich ⁹	Super Snack Plate with Pepperoni and Cheese ¹⁰	¹¹
¹²	Potato & Cheese Perogies with All Beef Sausage ¹³	All Beef Hot Dog with Veggie Dippers ¹⁴	Greek Orzo Pasta Salad with Chickpeas ¹⁵	Turkey Pesto Sandwich ¹⁶	Chicken Taco Salad with Tortilla Chips ¹⁷	¹⁸
¹⁹	Pasta with Meatballs in Tomato Sauce ²⁰	Smoked Salmon Bagel with Cream Cheese ²¹	Spring Tortellini Salad ²²	Hearty Ham and Cheese Sandwich ²³	PRO D DAY NO SCHOOL ²⁴	²⁵
	Mighty Mac and Cheese ²⁷	Super Snack Plate with Pepperoni and Cheese ²⁸	Chow Mein Noodle Salad with Teriyaki Tofu ²⁹	Chicken Salad Sandwich ³⁰		

We appreciate any contributions made to the Lunch Club. Your support helps with the sustainability of the program for all students
**** Contributions can be made by cheque, cash to the school office or EMT to eft@sd52.bc.ca including the name of your child's school in the notes. Contributions can be made all at once or monthly to the office or as a recurring EMT to the address above.**
 If you need to contact the District Food Coordinator, please email mealprograms@sd52.bc.ca

Please fill out the information below and return this portion to school as soon as possible:

Student Name: _____ School & Division: _____

Signing up for: Full Year Lunch Program Sept – Dec Jan – March April - June

Contribution amount: Prefer not to say _____

Parent or Caregiver Signature: _____